



Children also benefit from spinal exams!

It seems children never run out of energy. They go all day long running, jumping, and playing hard. Sometimes all this physical activity puts stress on the tissue and the spinal column due to falls, bumps, and other accidents. This may lead to a lowering of the child's resistance and open the door for illness and injury.

The slightest misalignment can cause a child to suffer from problems typically associated with adulthood such as headaches, back pain, poor concentration, irritability, and so on. For many, a simple painless spinal exam will allow your Chiropractor to find and treat any misalignments.

Chiropractic Care for children is much more than just spinal exams. **The Village Chiropractic Center of Florida** and **Dr. Berry**

can examine and monitor the growth of your child's body, address important nutritional needs, offer correct exercise programs, and help to prepare your child for a healthy adulthood.